Emotional Intelligence Optimization

COURSE DESCRIPTION

Emotional Intelligence is a concept focused on how effectively people work with others. Emotional Intelligence skills are unique from a person's technical skills and cognitive abilities. Multiple studies have shown that Emotional Intelligence competencies often account for the difference between star performers and average performers, particularly in positions of leadership.

Assessment and development guide helps any employee pinpoint the specific skills, habits, and attitudes they should focus on for improved performance. It includes an assessment of productivity skills in 12 categories.

DISCIPLINE
Leadership and Management

DELIVERY METHOD
In-house

COURSE CONTENTS

- Self-Awareness
- Emotional Intelligence
- Authenticity
- Organizational Assessment and Targeted Training
- Spirit of Service
- Behavioral Intelligence
- Communication
- Individual Assessment and Self-Paced Learning
- Cooperation